

**NEWS RELEASES FOR August and September NEWSLETTERS  
Shabbat Announcements, Online Posting, Email Blasts**

**Jewish Community Prepares for High Holy Days with  
Community-wide Selichot Program and Service**

The Jewish Community will gather on Saturday, September 1, to prepare for the Days of Awe at the annual citywide Selichot program and serve at Congregation Beth Torah, 6100 W. 127<sup>th</sup>. The evening will begin with a dessert reception at 8:00 p.m. followed by Havdalah at 8:45 p.m.

At 9:00 p.m., Rabbis will lead sessions examining ***The Limits of Forgiveness***. Presentations include:

***The Limits of Forgiveness*** A study of Maimonides' views on Teshuvah, its limits, and consequences. *Teshuvah* as it plays out in family dynamics as well in the public sphere and the "forget and forgive" paradigm and how far reconciliation can go.  
*Rabbis Doug Alpert, Javier Cattapan and Jonathan Rudnick*

***Repentance and the rest of your life*** An overview of Jewish thinking on the topic of how repentance can affect the rest of your life  
*Rabbis Moshe Grussgott and Herbert Mandl*

***Forgiveness: What Happens When They Say No, and Other Sticky Situations***  
An interactive conversation about how we respond to the sticky moments associated with asking for and giving forgiveness. We will dig deep within ourselves and share both challenges to the art of forgiveness and the lessons learned.  
*Rabbis Arthur Nemitoff and Scott White*

***Sound the Call to Forgiveness:*** A study in how the Shofar, Selichot, Forgiveness and the days of Awe are connected. Also, a chance to learn how to blow the shofar (if you have one, please feel free to bring it with you)  
*Rabbis Josh Leighton, Beryl Padorr, Sarah Smiley*

***Self-reflection, Self-repentance, Self-forgiveness" Understanding Heshbon Ha-Nefesh (accounting of the soul)"*** From the first of the month of Elul through the final blow of the Shofar at the end of Neilah, we engage in a process called Heshbon Ha-Nefesh, an accounting of the soul, with the hope that we enter the new year with a greater awareness of how our words and actions affect not only others, but affect our own ethical well-being. This hour will use the concepts of self-reflection, self-repentance, and self-forgiveness to help us on this journey.  
*Rabbis David Glickman and Linda Steigman*

The moving and beautiful Selichot service begins at 10:10 p.m. and is designed to help worshipers begin to spiritually prepare for Rosh Hashanah and Yom Kippur. The service will be led by area clergy, musicians and a community chorus.

For information and a complete listing of session offerings, visit [www.kcrabbis.org](http://www.kcrabbis.org) or contact Annette Fish, Rabbinical Association Administrator, [afprogram@aol.com](mailto:afprogram@aol.com) or 913-327-4622.

The Rabbinical Association of Greater Kansas City sponsors the Selichot program with generous support from The Jewish Federation of Greater Kansas City.

Selichot services also take place at Midnight at Kehilath Israel and at 12:55 a.m. at Beth Israel Abraham and Voliner.

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### **Singers invited to participate in Community-wide Selichot Service**

Want to be part of the Community Chorus at this year's community-wide Selichot service at 10:10 pm on Saturday, September 1st at Congregation Beth Torah? Soloists and singers for the chorus should be available for rehearsal on Wednesday, August 29, 7-9 pm. This chorus also meets early on the day of the service for sound checks and final run-throughs at 8pm, for as many singers as are available at that time. Please contact Emily Tummons, Music Director at Beth Torah, if you're interested in signing up: [emily@beth-torah.org](mailto:emily@beth-torah.org). The choir will be conducted by Lara Steinel, Music Director at Congregation Kol Ami.

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